

It's 9:00 PM: Have You Done Your  
Homework Yet?

Time Management Strategies to Get Help  
YOU Get Started... and Finished!

Family University  
Hastings High School  
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# Where to Find Us?

Order Out Of Chaos®:

[orderoochaos.com](http://orderoochaos.com)

Products Designed With Students In Mind™:

[products.orderoochaos.com](http://products.orderoochaos.com)

# What You Will Learn???

- What “Future Awareness” is and how to create “Time Sense”.
- The mind shifts needed to get you to do homework .
- How to set up your environment so it engages you to get work done.
- Why a Personal Homework Profile is essential for homework success.



Retaining Information

Focusing

Organization

Time Management

# HOMework

Social Media

Sustaining Effort

Overwhelmed

# 3 Kinds of Students:

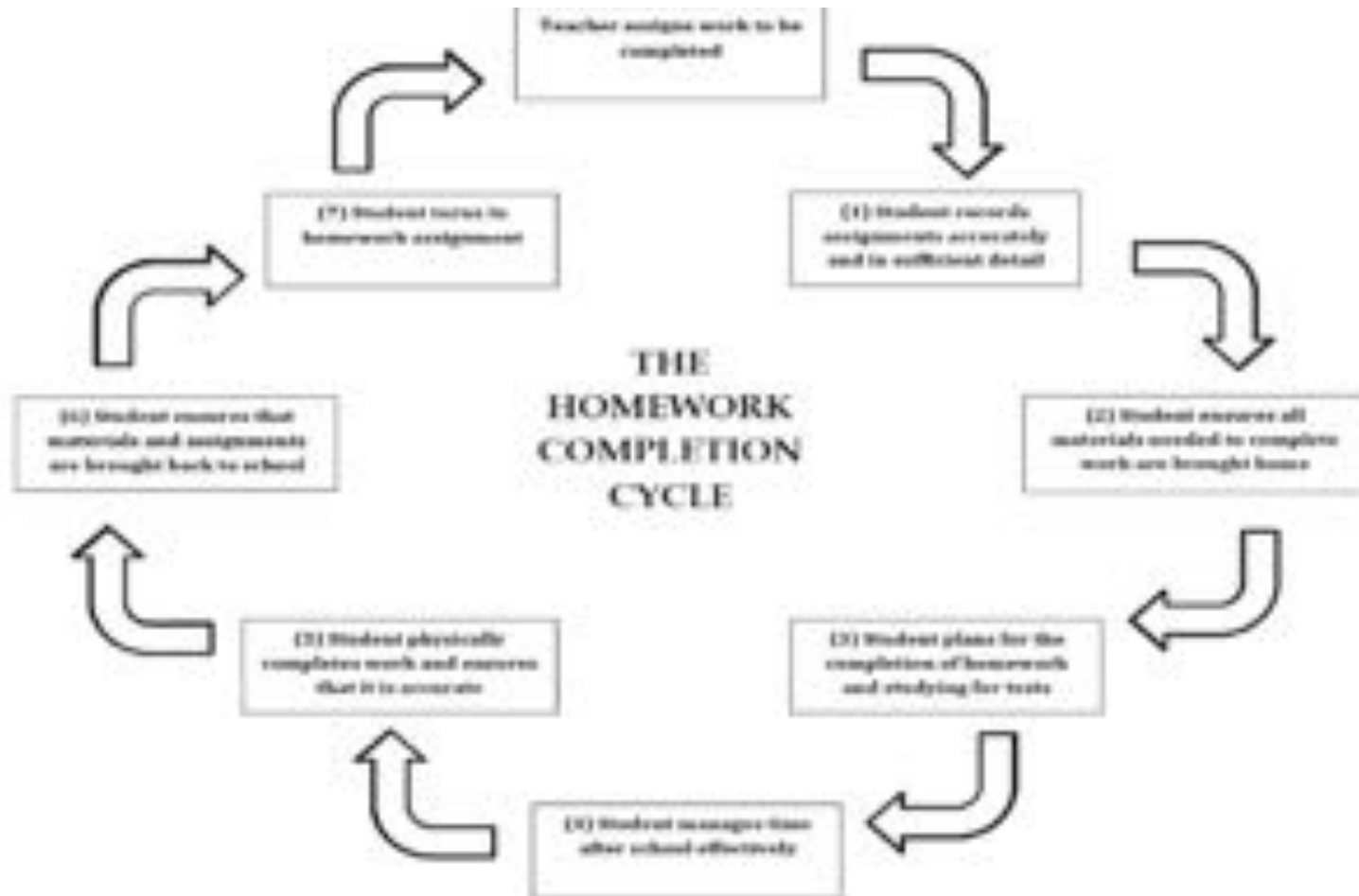


**DISORGANIZED** in space & time

**OVERWHELMED** by the overwhelm

**DISTRACTED** and unfocused

# Homework Completion Cycle



# Mindset

## Brain vs Behavior

**Executive Age** is the person's age based on how his or her brain is working. EF individuals are an average of 30% behind. This delay lasts into adulthood. Human brains reach their highest point of maturity in the early 30s, and for EF people, that is where the maturity stops, even if there is delay.

# What is the Executive Age?

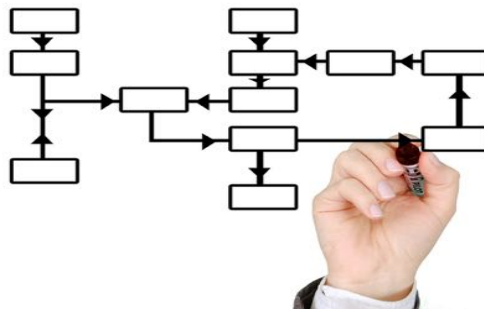
True Age	Executive Age	True Age	Executive Age	True Age	Executive Age
3	2	13	8.67	23	15.33
4	2.67	14	9.33	24	16
5	3.333	15	10	25	16.67
6	4	16	10.67	26	17.33
7	4.67	17	11.33	27	18
8	5.33	18	12	28	18.67
9	6	19	12.67	29	19.33
10	6.67	20	13.33	30	20
11	7.33	21	14	31	20.67
12	8	22	14.67	32	21.33

When your children frustrate you with actions that are not age appropriate, refer to this chart to remind you to give them grace because their brains are developing behind schedule.



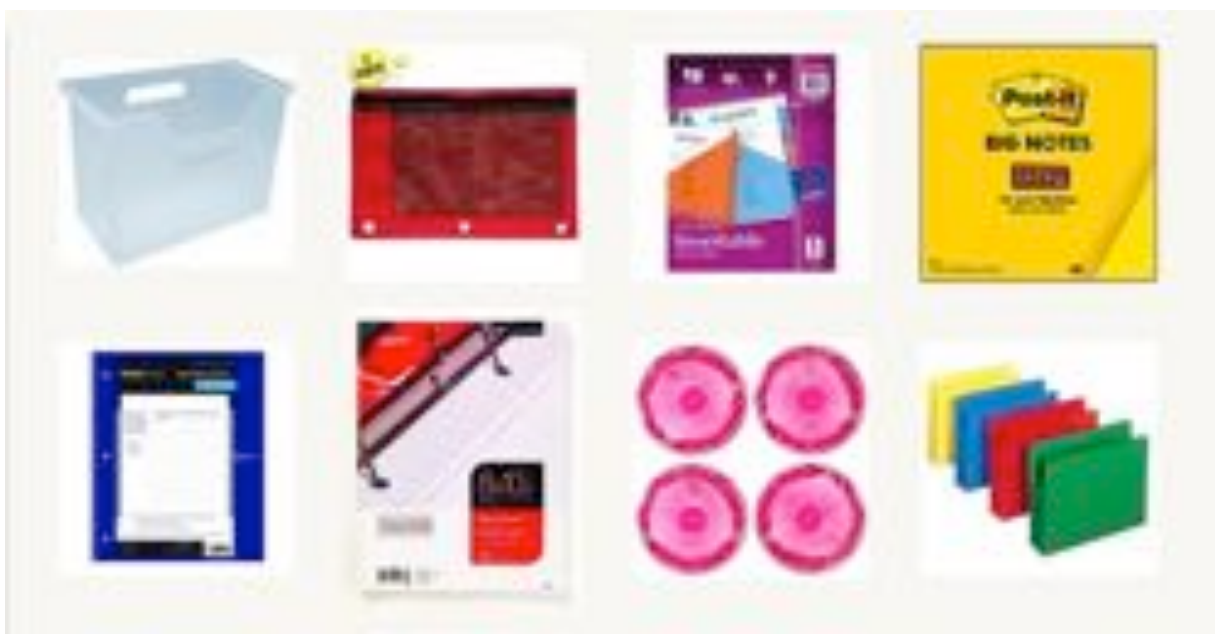
# Understanding their Mindset

The “Now” vs “The Not Now”  
=  
No Future Awareness



# Supplies

Leslie's School Tools Amazon Shopping List:  
[products.orderoochaos.com](https://products.orderoochaos.com)



# Body Doubling



# Privacy Shields



# Time Timer



# Planning Time

Your Child Needs to **SEE** Their  
Time In Order to **MANAGE** it!



# Strategies

Define and Assign!



# Movement Helps Us Focus

Homework  
Games





# Movement

- Walk the Dog
- Bounce a Ball
- Jump on a Trampoline
- Write with Sidewalk Chalk



# Music

I've Got The  
Music In Me!



# Personal Homework Profile™

- Where
- When
- How



# Resources

Please visit our websites for resources and product offerings.



[orderoochaos.com](http://orderoochaos.com)



[products.orderoochaos.com](http://products.orderoochaos.com)

Q & A

