

# Hastings High School

One Mount Hope Boulevard  
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## *A National Blue Ribbon School of Excellence*

Louis A. Adipietro  
Principal

Melissa Hardesty  
Assistant Principal

January 2019

Dear Parents and Guardians:

I would like to remind you that the second marking period will be ending on January 25, 2019. The high school anticipates report cards to be available on the portal on or about February 1, 2019. I will send a reminder e-mail at that time. National Honor Society tutoring is held every Tuesday and Wednesday afternoon, from 3:30 to 4:30 p.m. in the Lloyd Library. Any questions or concerns relative to report cards should be directed to your child's guidance counselor at 478-6260.

The examination schedule for the first semester will be posted on the High School website shortly. January 22<sup>nd</sup> through January 25<sup>th</sup>, 2019, have been set aside for the administration and grading of semester finals, mid-term exams, Regents and RCT exams. ***Students should only come to school for a scheduled exam on these dates.*** We will begin the second semester on Monday, January 28, 2019, as an "E" day.

Beginning in mid-March, the course selection process will commence for the 2019-2020 school year. We anticipate that all students will have course selections completed by mid-April. This will ensure that the high school master schedule will be completed in a timely fashion. We continue to request that students and parents take the course selection process very seriously in order to reduce the numbers of course changes that take place prior to the opening of school in September. These course changes often alter the balance that has occurred when we finish scheduling in June and may prevent students from making changes. Individual departments will be explaining their 2019-2020 offerings to students in the near future.

The following information was developed by the High School Student Support Team:

*Contrary to popular belief, the holidays are not the most stressful time for adolescents. The months of January, February and early March, the dead of winter, are often a vulnerable time for teens. It is at this time that stress reactions are most prevalent and feelings of loneliness, anxiety, withdrawal, and/or depression can be most acute. In fact, the incidence of emotional distress is most significant in these months.*

*Parents and educators must be attuned to the signs of stress and be prepared to seek help if needed. Signs of extreme stress may include dramatic changes in appearance or school attendance, declining academic performance and failure to complete work, withdrawal from activities and friends, mood swings, increased use of drugs or alcohol, and/or pervasive mood or agitation, distress or sadness. Very often these behaviors are not unusual for adolescents; so how does one describe who is at risk? If you notice these behaviors, it is important that you speak to a clinician and receive expert advice.*

Members of our Student Support Team can help identify children at risk and make a referral to an outside agency if needed. If you have a concern or any questions, please feel free to contact:

Director of Special Education	Ms. L. Sullivan	478-6261
Director of Guidance	Ms. J. Kocur	478-6260
Guidance Counselors	Ms. V. Edwards	478-6260
	Ms. S. Quigley	478-6260
	Ms. R. Shaw	478-6260
School Psychologist	Dr. G. Szeszko	478-6203
School Social Worker	Ms. C. Repp	478-6246

Sincerely yours,

Louis A. Adipietro  
Principal

## **Important dates for the months of January & February:**

January 2	Schools Reopen – “F” Day Schedule
January 11	Late Start “A” Day: First Block begins at 9:35 a.m.
January 14	Board of Education Meeting, 7:30 p.m., Lecture Room
January 16	Jon Kleiman presents: “ <b>The Well-Balanced Student,</b> ” 7:00 p.m., High School Auditorium
January 21	SCHOOLS CLOSED – Martin Luther King, Jr. Day
January 22 - 25	High School Regents/Semester Finals/Midterm Exams
January 25	Second Marking Period/First Semester Ends
January 28	Board of Education Meeting, 7:30 p.m., Lecture Room
February 1, 2, & 3	The Musical, “ <b>Hairspray,</b> ” HS Auditorium
February 8	Late Start “B” Day: First Block begins at 9:35 a.m.
February 9	SEPTA “ <b>Trivia Night</b> ” Fundraiser, 7:00 p.m.
February 11	HHS PTSA Parent Meeting, 6:30 p.m., Lloyd Library
February 11	Board of Education Meeting, 7:30 p.m., Lecture Room
February 18 - 22	MID-WINTER BREAK – NO SCHOOL
February 25	Schools Reopen – “B” Day Schedule
February 25	Board of Education Meeting, 7:30 p.m., Lecture Room