Autobiographical Record

College admissions counselors rely on the high school counselor to provide them with information that may not appear in other parts of the application. Answering the questions below will not only help your counselor write your recommendation, but will also help you should you be required to write an autobiographical-type essay. Please answer all questions on a separate sheet of paper or you can email it to your Guidance Counselor. This questionnaire must be completed for counselors to write your letter of recommendation.

1. How would your friends and/or family describe you? What would they say are your strengths and challenges?

2. How would your teachers describe you as a student in their classroom?

3. What extracurricular activities have been most meaningful to you?

4. Of which of your accomplishments are you most proud of and why?

5. Have you participated in community service? If so, please describe the activity that has meant the most to you.

6. Is there any specific information related to your high school transcript, GPA, or standardized test scores that you would like me to comment on. (For example: the year you could not take a specific course because it conflicted with another class or what you may have done to improve your math grades.

7. Is there other pertinent information with regards to your personal life or family that I should be aware of? (For example: parents' divorce, death in the family, need to work after school, or a personal situation that impacted you academically or socially).

8. Which subjects do you like or dislike? Why?

9. How has Hastings High School been impacted by your presence?

10. Please describe a specific interest, talent, or hobby that you have developed over the last few years. (You can talk about more than one if you like).

11. What, if any, special services will you need in college?

12. What is your post-secondary degree or career goal? (What do you want to major in and what kind of job would you like to have upon graduation?)