David McRaney, *You are Not So Smart; Why You Have Too Many Friends on Facebook, Why Your Memory is Mostly Fiction, and 46 Other Ways You’re Deluding Yourself* (NY: Gotham Books, 2011).

https://www.amazon.com/You-Are-Not-So-Smart/dp/1592407366
Paperback new-$13.21 / used $3.39 /

**Description:**
This book is a collection of information about self-delusion and “the wonderful ways we all succumb to it.” It is also an introduction to many important topics in psychology, an overview of important studies in the history of psychology, and an example of the ways that psychology can be seen in everyday life. **Topics include:** hindsight bias, bystander apathy, subjective validation, brand loyalty, self-serving bias, self-fulfilling prophecy, learned helplessness, and social loafing, amongst others.

**Complete by 9/11/20**

**Summer assignment part I**

**Written Assignment:** Submit both a hard copy in class and one in google classroom.

**A. Concepts, facts (Knowledge):**
Choose 10 chapters (ex-“Learned Helplessness”, “The Just World Fallacy”). For each chapter complete 1-4 below

1. Define/explain the psychological concept in your own words.
2. Discuss the relevant research done by psychologists on the topic mentioned in the reading. Include name of researchers and date of study. You should discuss the hypothesis, the experimental conditions (control group, experimental group, independent variable, and dependent variable), the results, the discussion of the results, and similar or follow-up studies. Or If no specific research is cited, explain the example used to by the author to explain the psychological principle.
3. Explain how the topic describes, explains, predicts and/or modifies one’s behavior.

4. Relate the concept to a specific example from your life. How does this relate or connect to you IRL? Give a specific example for each the ten chapters. This should not be hypothetical. You and I are both subject to the concepts and principles discussed in the book. I will focus heavily on your responses to this question.

B. Essential Questions (Understandings).
Keeping your specific topics in mind, draw some larger conclusions about the nature of psychology. This part asks you to consider what the studies in the book are “really” about, deeper knowledge that you can transfer to other situations.

1. Psychology is the scientific study of the mind and behavior, and there are many approaches to studying them (psychodynamic approach, behaviorism, cognitive psychology, neurobiology, etc.). What aspects and/or approaches does the author use to explain the mind and behavior?

2. Psychology depends on the scientific method; psychologists rely on observable evidence. Discuss the use of the scientific method and of observable evidence in the field of psychology as described in the book?

3. The public and the media often turn to psychology for explanations or to make public policy, but also to turn a profit, or for other reasons. Based on your reading, discuss how has the public and the media used or perhaps abused, applied or misunderstood psychological research?

C. Personal Reflections and Questions:
Write a paragraph offering your personal reflections or insights after reading the book.
Suggestions: How did you like reading the book? Did you learn new things that were worth learning about? What would you like to have read more about? What, if any, insight did you gain into yourself or the behavior of people you know? How psyched are you for AP psych?

Summer assignment part II

Read and careful hand written notes on Myers’ Psychology 9th edition; Prologue-The Story of Psychology and chapter 1-Thinking Critically With Psychological Science prior to the 1st day of class. Your first test will be based on these chapters. 3-5 pages of reading =1 page of notes
PDFs on google classroom code: 5pu2vqs

Prologue: The Story of Psychology
Chapter 1: Critically in Psychological

*Complete by 9/11/20